

Timeline Mapping and Interview Topic Guide ADVANCE - INVEST Study - Injured Veterans' ExperienceS of Transition

Email: advance-invest@kcl.ac.uk; Tel: 0207 848 5351 or 07521043464

Dear [INSERT Name],

Thank you so much for agreeing to take part in an interview for the ADVANCE-INVEST Study.

Before your interview

There are a couple of things we invite you to do before your interview to help it go smoothly. Firstly, we would be grateful if you could give us an idea of the key events that have happened since your family member's injury using a "timeline map". Secondly, we would be grateful if you could reflect upon the topics we will ask you about in your interview.

Timeline map

Creating a timeline map is a way of remembering the important events that have happened in your life using a drawing or list. The timeline map is there to help you remember what happened and when, before the interview. It will also help the interviewer tailor the interview to your personal circumstances.

To make your timeline map, you can use a piece of blank paper and pens or a digital document to remember key dates from your family member's injury to the present day – the dates can be approximate, they don't need to be exact. There are no strict rules about how a timeline map should look but there are a couple of examples on the following pages and some digital templates have also been provided for you to use if you'd like to.

It would be helpful if you could include some key dates, such as:

- o the date of your family member's injury;
- o any dates for house moves since they were injured;
- any jobs you have had since;
- o and any other important events that have happened since your family member's injury.

We realise that there will be details of your life which occurred before your family member's injury which are important. Unfortunately, we won't go be able to go into the depth of these during your interview but if there is anything you think is essential for understanding your journey, please do add these too.

Once you have finished your timeline map, please send it to us (using the prepaid envelope provided, including your signed Informed Consent Form). If it is handwritten, please take a photograph of it, making sure that all text is legible. Then please send the photo or Word document to us at: advance-invest@kcl.ac.uk – please keep the original copy for reference during our interview.

During your interview

We are going to ask you about different experiences you've had since your family member was injured. These will include:

- o any experiences you may have had with civilian employment since your family member's injury;
- the impact of your family member's injury may have had on your sense of self and relationship dynamics;
- o your hopes and plans for the future;
- the support you may have received;
- o and any recommendations you would like to make to help families in similar situations.

We are grateful for your time and look forward to hearing your reflections on these topics when we meet for your interview online. Meanwhile, if you have any questions or concerns about the study, please contact us on advance-invest@kcl.ac.uk or call/text us on 07521043464.

With all our best wishes,

The ADVANCE-INVEST Study Team

APR 08 - PARTNER INJURED	
APR 08 - VISITS TO BIRMINGHAM	
JUNE 08 MY DAYGHTER BORN	
2008 LOTS OF REHAB VISITS	
JAN MOVED OUT OF SFA 2010 TO BE NEAR PARENTS	
MAR — STARTED PART-TIME JOB 2018 LEFT JOB JAN 2012 FEB — MOVED HOUSE AS NEEDED 2012 ADAPTED HOUSE	
JULY - STARTED WERENJ JOB 2012	

