



**ARMED  
SERVICES  
TRAUMA  
REHABILITATION  
OUTCOME  
STUDY**

## **RE: Your second ADVANCE study follow up is due**

We hope you are well and thank you for your continued participation in the ADVANCE study. We are writing to inform you that your second follow up appointment for ADVANCE is due.

Your next appointment will be similar to your last visit. Some changes to the assessments include wearing a physical activity watch at home for ten days, a sleep diary and assessment of traumatic brain injury (see details below).

As before, we cover travel and accommodation expenses and as a thank you offer £200 for your time.

To arrange your appointment, please contact us via:

- **email** (dmrc-advancestudyteam@mod.gov.uk)
- **telephone** (01509 251500 extension 3408)
- **website contact sheet** (QR code below).

**Please see our participant information sheet for more information.**

<https://www.advancestudydmrc.org.uk/participant-information-sheet/>

We look forward to seeing you again.

From, the ADVANCE study team



**New study in  
ADVANCE  
assessing  
Traumatic  
Brain Injury.**

**Includes  
neuropsychological  
testing and an MRI  
scan of your brain.**

**Additional  
£100 as a  
thank you if  
you take part  
in any aspect  
of this study.**

**Contact sheet:**  
<https://www.advancestudydmrc.org.uk/contact-form>

