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“SOCIAL NETWORK MAP” INSTRUCTIONS ADVANCE-SOCIAL Study



Thank you for agreeing to take part in ADVANCE-SOCIAL. As part of this study, we would like you to create a “social network map” prior to your interview.

What is a social network map?

A social network map involves writing or drawing out the people in your life. You can do this however you would like, but it would be helpful for us to learn how you see your social circle. This may include your partner, family, friends, colleagues, neighbours or other members of the community whom you feel close to.

What is the purpose of a social network map?

Social network maps have been used widely by social scientists to understand people’s relationships. This can be a helpful way for you to visualise the people who you spend time with and what they do for you. This will be used in the interview to help you to remember key individuals and will enable the interviewer to tailor the session to you and your personal circumstances.

How can I create a social network map?

Developing a social network map is a creative exercise where there is no right or wrong answer. You can complete this on a tablet, computer or hand-written on a piece of paper. You could even jot some notes down in an email if you are short of time.

Here are some prompts which may help you:

1. Think about the people, or groups of people, that you know who are important to you and who you would consider to be part of your “support network”.
2. Who are they and how do you know them? You can either name them or write out your relationship to them.
3. Do you consider them as family, friends, colleagues, neighbours or people you have met through community groups?
4. Are you in touch with all these people?
5. Has contact with them changed over the time that you have known each other?

As written in the information sheet, the diagrams will be anonymised meaning any names will be covered up or changed. **Examples are provided below.**

What next?

Please **email or text a photograph** of your diagram to the researcher:

laura.grover@kcl.ac.uk; 07731 385537

Keep the original copy for **reference during our interview**

Thank you for completing this task, we are very grateful for your time

Here are some examples of social network maps:

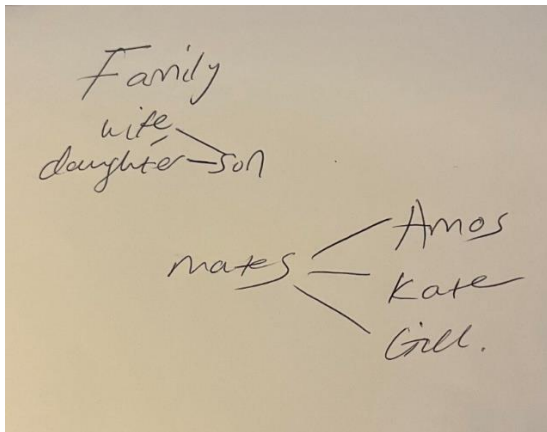


Figure 1. Map by participant 1

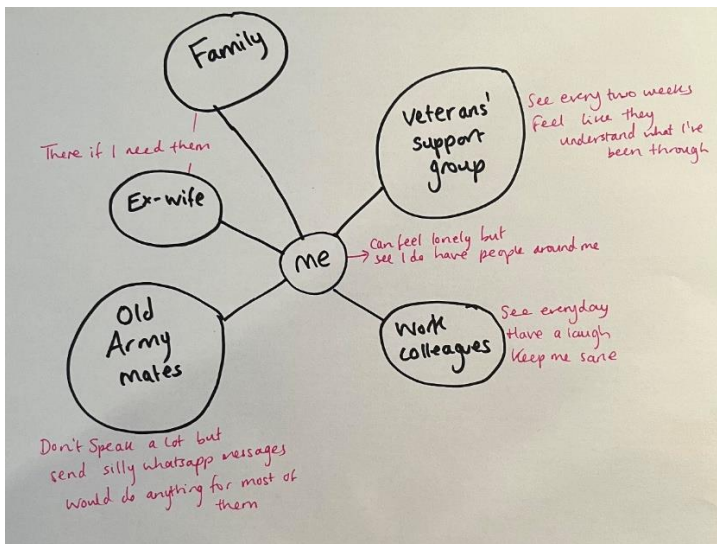


Figure 2. Map by participant 2

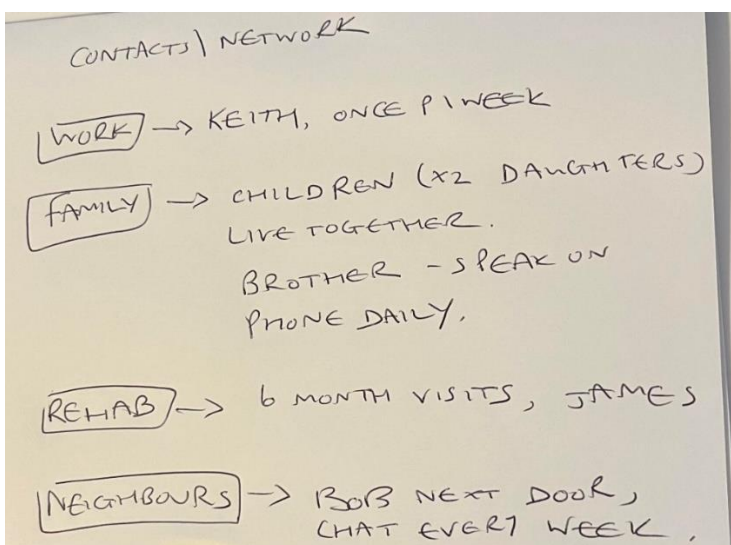


Figure 3. Map by participant 3